





### RALEIGH SCHOOL

# JUDO CLUB

Part of the Award Winning Witley Judo Family

#### **Spring Term Training Times and Dates**

Tuesdays, 9<sup>th</sup> January to 19<sup>th</sup> November 2024 (excluding half term, 16<sup>th</sup> February – 10 weeks) Lessons are £22.00 pcm by direct debit.

Years 2 to 6 7.55am to 8.40 am

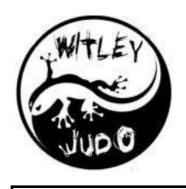
Email <u>pete-witleyjudo@outlook.com</u> with the details below to book your child's place

#### THIS IS JUDO

Scan the code to see former World Champion Neil Adams show you what Olympic Judo is all about.



I would like my child to start/continue judo lessons	
Childs' Name:	Age/School Year:
	Contact Email Address:
Medical Conditions:	
Signature of Parent/ Guardian:	
PLEASE FILL IN ALL OF THE DETAILS ABOVE. PARENTAL CONSENT MUST BE GIVEN	
RALEIGHSPRING2024	
PAYMENT: PLEASE NOTE THAT I ONLY ACCEPT PAYMENT BY DIRECT DEBIT UNLESS BY SPECIAL ARRANGEMENT	
☐ I HAVE ALREADY SET UP A DIRECT DEBIT	
DIRECT DEBIT OF £22.00 PER MONTH. DIRECT DEBITS RUN JANUARY TO AUGUST - PLEASE FILL IN ALL OF THE BOXES BELOW YOU WILL BE SENT AN EMAIL AUTOMATICALLY TO COMPLETE YOUR DIRECT DEBIT, AND CAN CANCEL WITH ONE CALENDAR MONTH'S NOTICE	
DETAILS FOR DIRECT DEBIT OF £22.00 PER MONTH, STARTING ON FIRST MONTH OF TERM OR WHEN CHILD JOINS	
FIRST NAME:	LAST NAME:
EMAIL ADDRESS:	MOBILE NUMBER:





## Elite Provider

# WITLEY schools JUDO

My Name is Pete Swettenham and I am the school judo coach. I hate having my picture taken, and this is the only one that I sort of like.



I've been practicing judo for a long time. This is a picture of me with my university judo team. We won the British Universities Team Championships three times between 1987 and 1991. I'm the good-looking at the front.



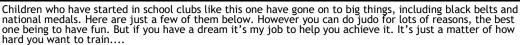
I had a few years away from judo and was an Elite level, semi-professional road racing cyclist. Here is me racing in the Tour of the Cotswolds in 1999.



Judo is a full contact martial art and Olympic combat sport where we throw each other and wrestle. Here are a couple of photographs of actual techniques performed in judo contests. Some of the throws can be spectacular. Remember, when we train and fight we are doing it against people who are fighting back. You will grow in many different ways at judo and learn a lot about yourself.















When you come to our judo club you are part of a bigger family. Everyone is welcome, and everyone gets treated properly. Judo should be about growing — in skill, self-respect, confidence, friends, strength and so many other things. I am a very fair, patient and friendly coach. I make lessons fun and make sure that I teach technically excellent judo, giving you opportunities to go far. Welcome to the family!

Witley Schools Judo Ltd.

Director: Peter Swettenham, MBA, BSc.(Hons), DIC, ARCS., 5<sup>th</sup> Dan, BJA Level 2 Coach; BC Level 1 Cycling Coach
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