



Games

knowledge and skills progression

		Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Vocabulary		Avoiding, Tracking a ball, Rolling, Striking, Overarm throw, Bouncing, Catching, Free space, Own space, Opposite, Team, Rebound, Follow, Aiming, Speed, Direction, Passing, Controlling, Shooting, Scoring		Keep possession, Stance, Keep the ball, Offside, Scoring goals, Pitch, Keeping score, Forehand, Making space, Backhand, Pass/send/recieve, Volley, Dribble, Overhead, Travel with the ball, Singles, Back up, Doubles, Support partner, Rally, Make use of space, Points, Goals, Rules, Tactics, Batting, Fielding, Bowler, Wicket, Tee, Base, Boundary, Innings, Rounder, Backstop, Court, Target, Net, Defending, Hitting		Keeping possession, Passing, Dribbling, Shooting, Shield ball, Width, Depth, Support, Marking, Covering, Repossession, Attackers, Defenders, Team play, Batting, Fielding, Bowler, Wicket, Tee, Base, Boundary, Innings, Rounder, Backstop, Court, Target, Net, Defending, Hitting, Stance, Offside, Pitch, Forehand, Backhand, Volley, Overhead, Singles, Doubles, Rally	
Knowledge		Children know: <ul style="list-style-type: none">• The difference between running, jumping, skipping, hopping and walking and will be able to demonstrate these.• They know they can throw, kick, roll or bounce to pass and know which movements are necessary to demonstrate this.• They will know that they can use their hands or feet to pass a ball.• They will know that to throw/kick accurately they need to look at the target and aim.• To catch accurately they need to make a cradle with their hands or arms and look at where the beanbag/ball is aimed. <u>Tag rugby:</u> To know how to hold and pass the ball. To know how to score points in tag rugby. To learn how to tag people.	Children know: <ul style="list-style-type: none">• how to use hitting, kicking and/or rolling in a game.• and can the best space to be in during a game.• how to use a tactic in a game.• and can follow rules.	Children know: <ul style="list-style-type: none">• how to play an invasion game fairly• how to keep and win back possession of the ball in a team game. <u>Handball</u> To know the rules of handball. To know how to score in handball. To know the playing positions of handball <u>Netball</u> To know how to move in Netball To know how to pass the ball effectively in Netball <u>Cricket:</u> know how to perform an underarm bowl accurately. know the role of a wicket keeper know how to deep field catch.	Children know: <ul style="list-style-type: none">• how to vary tactics and adapt skills depending on what is happening in a game <u>Football</u> To know why space and movement are important in football Know how to dribble with a ball, change direction and maintain control <u>Cricket</u> know the rules of a Kwik Cricket game know the long barrier technique know that you can use defensive and attacking hitting techniques	Children know: <ul style="list-style-type: none">• how to gain possession by working a team• when to choose a specific tactic for defending and attacking• a number of techniques to pass, dribble and shoot• when to pass and when to dribble in a game <u>Tag rugby:</u> To know how to hold the ball correctly. To know how to pass the ball consistently. To know how to tag people. To know how to run with the ball. To know how to improve their passing and movement. To know how to play a tag rugby game fairly. To know how to prepare for a tournament. <u>Netball:</u> To know the footwork rule. To know how to move the ball into attacking positions. To know how to apply pivoting skills in a game scenario. <u>Tennis</u> Know the correct technique for forehand, backhand and volley.	Children know: <ul style="list-style-type: none">• how to gain possession by working a team• when to choose a specific tactic for defending and attacking• a number of techniques to pass, dribble and shoot• when to pass and when to dribble in a game <u>Ultimate Frisbee</u> To know the rules of Ultimate Frisbee To know how to hold, throw and catch a frisbee <u>Netball</u> know the rules of Netball know the positions of players in Netball <u>Rounders</u> know the correct technique for batting and bowling know the roles and responsibilities for back stop and base fielders know the rules of rounders
Skills	Striking and Hitting	Use hitting skills in a game. Practise basic striking, sending and receiving.	Strike or hit a ball with increasing control. Learn skills for playing striking and fielding games. Position the body to strike a ball.	Demonstrate successful hitting and striking skills. Develop a range of skills in striking (and fielding where appropriate). Practise the correct batting technique and use it in a game. Strike the ball for distance.	Use a bat, racquet or stick (hockey) to hit a ball or shuttlecock with accuracy and control. Accurately serve underarm. Build a rally with a partner. Use at least two different shots in a game situation. Use hand-eye coordination to strike a moving and a stationary ball.	Use different techniques to hit a ball. Identify and apply techniques for hitting a tennis ball. Explore when different shots are best used. Develop a backhand technique and use it in a game. Practise techniques for all strokes. Play a tennis game using an overhead serve.	Hit a bowled ball over longer distances. Use good hand-eye coordination to be able to direct a ball when striking or hitting. Understand how to serve in order to start a game.
	Throwing and Catching	Throw underarm and overarm. Catch and bounce a ball. Use rolling skills in a game. Practise accurate throwing and consistent catching.	Throw different types of equipment in different ways, for accuracy and distance. Throw, catch and bounce a ball with a partner. Use throwing and catching skills in a game. Throw a ball for distance. Use hand-eye coordination to control a ball. Vary types of throw used.	Throw and catch with greater control and accuracy. Practise the correct technique for catching a ball and use it in a game. Perform a range of catching and gathering skills with control. Catch with increasing control and accuracy. Throw a ball in different ways (e.g. high, low, fast or slow). Develop a safe and effective overarm bowl.	Develop different ways of throwing and catching.	Consolidate different ways of throwing and catching, and know when each is appropriate in a game.	Throw and catch accurately and successfully under pressure in a game.
	Passing	Pass the ball to another player in a game.	Pass the ball in different ways.	Pass the ball in two different ways in a game situation with some success.	Pass the ball with increasing speed, accuracy and success in a game situation.	Pass a ball with speed and accuracy using appropriate techniques in a game situation.	Choose and make the best pass in a game situation and link a range of skills together with fluency, e.g. passing and receiving the ball on the move.
	Possession			Know how to keep and win back possession of the ball in a team game.	Occasionally contribute towards helping their team to keep and win back possession of the ball in a team game.	Keep and win back possession of the ball effectively in a team game.	Keep and win back possession of the ball effectively and in a variety of ways in a team game.
	Using Space	Use different ways of travelling in different directions or pathways. Run at different speeds. Begin to use space in a game.	Use different ways of travelling at different speeds and following different pathways, directions or courses. Change speed and direction whilst running. Begin to choose and use the best space in a game.	Find a useful space and get into it to support teammates.	Make the best use of space to pass and receive the ball.	Demonstrate an increasing awareness of space.	Demonstrate a good awareness of space.
	Attacking and Defending	Begin to use the terms attacking and defending. Use simple defensive skills such as marking a player or defending a space. Use simple attacking skills such as dodging to get past a defender.	Begin to use and understand the terms attacking and defending. Use at least one technique to attack or defend to play a game successfully.	Use simple attacking and defending skills in a game. Use fielding skills to stop a ball from travelling past them.	Use a range of attacking and defending skills and techniques in a game. Use fielding skills as an individual to prevent a player from scoring.	Choose the best tactics for attacking and defending. Shoot in a game. Use fielding skills as a team to prevent the opposition from scoring.	Think ahead and create a plan of attack or defence. Apply knowledge of skills for attacking and defending. Work as a team to develop fielding strategies to prevent the opposition from scoring.
	Tactics and Rules	Follow simple rules to play games, including team games. Use simple attacking skills such as dodging to get past a defender. Use simple defensive skills such as marking a player or defending a space.	Understand the importance of rules in games. Use at least one technique to attack or defend to play a game successfully.	Apply and follow rules fairly. Understand and begin to apply the basic principles of invasion games. Know how to play a striking and fielding game fairly.	Vary the tactics they use in a game. Adapt rules to alter games.	Know when to pass and when to dribble in a game. Devise and adapt rules to create their own game.	Follow and create complicated rules to play a game successfully. Communicate plans to others during a game. Lead others during a game.