



# INSET SPORTS ACTIVITY DAY'S

**Year Groups:** Rec, 1, 2, 3, 4, 5 & 6

**Dates:** Friday 23<sup>rd</sup> November & Friday 25<sup>th</sup> January – Registration 8.40am.

**Times:** 8.45am - 3.20pm

**Price 1 Day:** £22.00 (10% discount for siblings)

**Price 2 Day:** £40.00 (10% discount for siblings)

**Half Day Price Per Day:** £12.50 (9.00am - 12.15)

**Attendees:** Minimum x10

The perfect opportunity for your child to enjoy a range of Multi sports activities. The games and practices will help develop individual skill and technique in a fun and engaging environment. Children will build confidence through social interaction and fun healthy competition. During the day children will take part in the following activities;

- Individual skill based activities
- 1 v 1 attacking / defending games
- Team based games and activities
- Small sided games and challenges
- Hockey, dodgeball, basketball, football
- Fun competitions

A brief presentation will be held at 3pm. There will be individual awards and prizes presented to children who show levels of achievement and good team work.

Children **MUST** bring a packed lunch & water bottle. **Kit requirements:** Warm Sports kit, Shin pads, Trainers/Boots

We require a minimum of 10 pre-registrations by Friday 17<sup>th</sup> November for the day to go ahead. Please kindly fill in the registration slip below and bring into the school office. If you would like your child to attend the day, please contact us at [admin@ultimate-coaching.co.uk](mailto:admin@ultimate-coaching.co.uk) or visit our website [www.ultimate-coaching.co.uk](http://www.ultimate-coaching.co.uk) and you can pay online. Cheques are to be made payable to **Ultimate Coaching Limited**.

## THE RALEIGH SCHOOL – FUN INSET SPORTS DAY'S

Child name:.....Yr:.....DOB:.....

**Friday 23<sup>rd</sup> November** Full Day  Half Day  **Friday 25<sup>th</sup> January** Full Day  Half Day  Both Days

Tel:.....MOB:.....Email:.....

Address:.....

Medical Condition:..... I hereby give permission for my child/children named above to be given emergency treatment in my absence. Signature of parent / Guardian:.....



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