

Relationship and sex education at the Raleigh School

21st May 2018

The Education Act 2002 sets out the statutory duties which all schools, including academies, are required to meet:

‘Every state-funded school must offer a curriculum which is balanced and broadly based and which:

- promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society*
- prepares pupils at the school for the opportunities, responsibilities and experiences of later life’*

The purpose of SRE is:

to assist young people to prepare for adult life by:

supporting them through their physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships.

(OFSTED guidance)

As well as reminding schools of the requirements within National Curriculum science relevant to SRE, the guidance suggests that SRE in **primary schools** should ensure that all pupils:

- develop confidence in talking, listening and thinking about feelings and relationships
- are able to name parts of the body and describe how their bodies work
- can protect themselves and ask for help and support
- are prepared for puberty.

- *KS 1 Science curriculum “identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense”*

- *KS2 “notice that animals, including humans, have offspring which grow into adults.”*

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- *Pupils should be introduced to the basic needs of animals for survival, as well as the importance of exercise and nutrition for humans. They should also be introduced to the processes of reproduction and growth in animals. The focus at this stage should be on questions that help pupils to recognise growth; they should not be expected to understand how reproduction occurs.....*

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- *...describe the changes as humans develop to old age.*
- *They should learn about the changes experienced in puberty.”*

3rd edition

The Christopher Winter Project

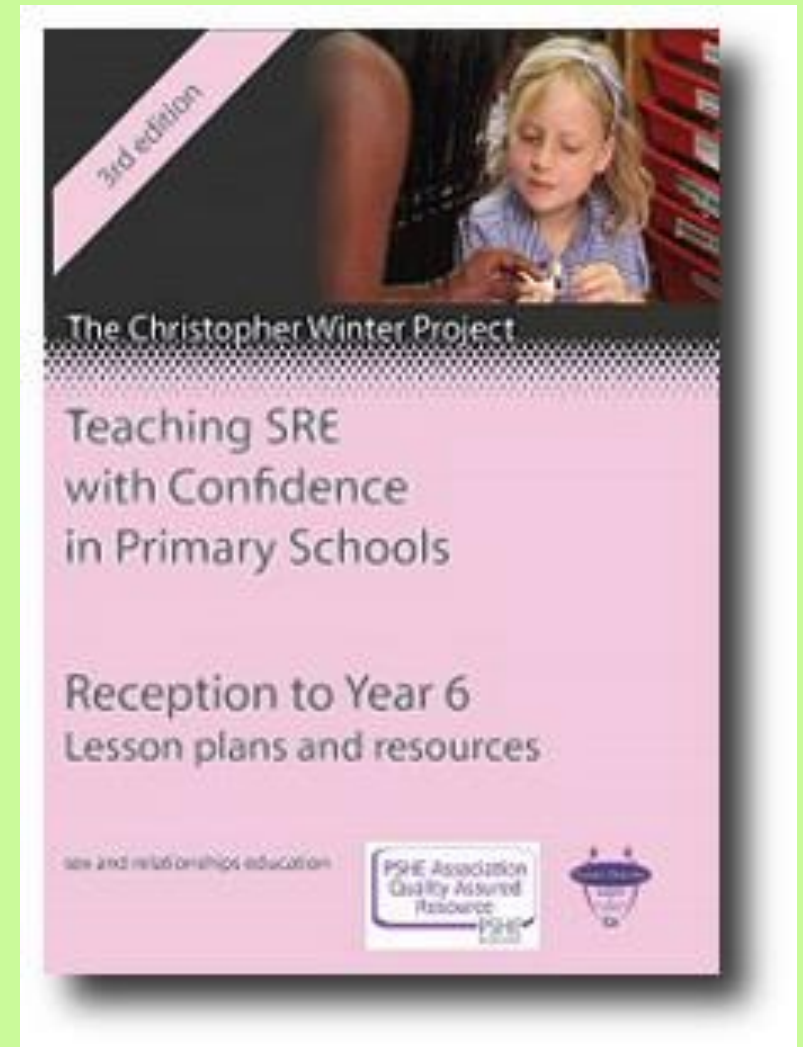
Teaching SRE with Confidence in Primary Schools

Reception to Year 6
Lesson plans and resources

sex and relationships education



This scheme of work has lesson plans and teaching materials for Reception to Year 6. It builds on learning from previous years and revisits topics each year to cover them in greater depth. It includes lesson material on topics such as keeping clean, families, gender differences, personal space, puberty, relationships and many other topics.



Reception Our Lives

Lesson 1: **Our Day**

Lesson 2: **Keeping Ourselves Clean**

Lesson 3: **Families**

Year 1 Growing and Caring For Ourselves

Lesson 1: **Keeping Clean**

Lesson 2: **Growing and Changing**

Lesson 3: **Families and Care**

Year 2 Differences

Lesson 1: **Differences: Boys and Girls**

Lesson 2: **Differences: Male and Female**

Lesson 3: **Naming the Body Parts**

Year 3
Valuing Difference
and Keeping Safe

- Lesson 1: **Differences: Male and Female**
- Lesson 2: **Personal Space**
- Lesson 3: **Family Differences**

Year 4
Growing Up

- Lesson 1: **Growing and Changing**
- Lesson 2: **What is Puberty?**
- Lesson 3: **Puberty Changes and Reproduction**

Year 5
Puberty

- Lesson 1: **Talking about Puberty**
- Lesson 2: **Male and Female Changes**
- Lesson 3: **Puberty and Hygiene**

Year 6
Puberty, Relationships
and Reproduction

- Lesson 1: **Puberty and Reproduction**
- Lesson 2: **Understanding Relationships**
- Lesson 3: **Conception and Pregnancy**
- Lesson 4: **Communication in Relationships**