

nutritional NINJAS

www.nutritionalninjas.co.uk

WE PROVIDE INGREDIENTS
& EQUIPMENT !

Our classes allow children to learn a variety of cooking skills that will carry them through into later life.

Food hygiene, preparation, knife techniques, measuring ingredients as well as to value what is good for them nutritionally.

Learn to make: Garlic Bread, Tomato & Basil Spaghetti, Vanilla Pound Cake and many more.
Simply pop them in the oven at home to enjoy fresh with the family.

Spaces are limited & are allocated on a first come, first served basis

All about NINJA CLASSES

LOCATION: The Raleigh

DAY: Wednesday

TIME: 3:20 - 4:20PM

PRICE: £90

DURATION: 10 weeks

CLUB DATES:
Sept 15th, 22nd, 29th
Oct 6th, 13th, 20th
Nov 3rd, 10th, 17th,
24th

OPEN TO YEARS 1-6

BUILD YOUR OWN RECIPE COLLECTION !

Collect your new recipe card every week so you can cook recipes you've learnt again and again

Visit our website
www.nutritionalninjas.co.uk to book your child's space
Tel: 01276 428148

