

RSE Whole School Overview

Reception

Our day:

Learning Intention

To consider the routines and patterns of a typical day

Learning Outcomes

Understand some areas in which the children can look after themselves e.g. dressing and undressing

Keeping ourselves clean

Learning Intention

To understand why hygiene is important

Learning Outcomes

Explain why it is important to keep clean

Understand some basic hygiene routines

Families

Learning Intention

To recognise that all families are different

Learning Outcomes

Identify different members of the family – focus on own families

Understand how members of a family can help each other

Year 1

Keeping clean

Learning Intention

To understand some basic hygiene principles

Learning Outcomes

Know how to keep clean and look after one

Growing and changing

Learning Intention

To introduce the concept of growing and changing

Learning Outcomes

Understand that babies become children and then adults

Know the differences between boy and girl babies – know the scientific words penis and vagina

Families and care

Learning Intention

To explore different types of families and who to ask for help

Learning Outcomes

Know there are different types of families – naming different family members including the wider family

Know which people we can ask for help

Year 2

Differences: boys and girls

Learning Intention

To introduce the concept of male and female and gender stereotypes
To identify differences between males and females

Learning Outcomes

Understand that some people have fixed ideas about what boys and girls can do
Describe the difference between male and female babies using pictures of new born babies

Differences: male and female

Learning Intention

To explore some of the differences between males and females and to understand how this is part of the lifecycle

Learning Outcomes

Describe some differences between male and female animals
Understand that making a new life needs a male and a female

Naming the body parts

Learning Intention

To focus on sexual difference and name body parts

Learning Outcomes

Describe the physical differences between males and females
Name the male and female body parts including penis, vagina, and testicles

Year 3

Differences: male and female

Learning Intention

To explore the differences between males and females and to name the body parts

Learning Outcomes

Know some differences and similarities between males and females
Name male and female body parts using agreed words including penis, vagina, testicles and womb

Personal space

Learning Intention

To consider touch and to know that a person has the right to say what they like and dislike

Learning Outcomes

Identify different types of touch that people like and do not like
Understand personal space
Talk about ways of dealing with unwanted touch

Family differences

Learning Intention

To explore different types of families and who to go to for help and support – using same pictures as previous year groups

Learning Outcomes

Understand that all families are different and have different family members
Identify who to go to for help and support

Year 4

Growing and changing

Learning Intention

To explore the human lifecycle

Learning Outcomes

Describe the main stages of the human lifecycle

Describe the body changes that happen when a child grows up

What is puberty?

Learning Intention

To identify some basic facts about puberty

Learning Outcomes

Discuss male and female body parts using agreed words

Know some of the changes which happen to the body during puberty

Puberty changes and reproduction

Learning Intention

To explore how puberty is linked to reproduction

Learning Outcomes

Know about the physical and emotional changes that happen in puberty

Understand that children change into adults so that they are able to reproduce

Year 5

Talking about puberty

Learning Intention

To explore the emotional and physical changes occurring in puberty

Learning Outcomes

Explain the main physical and emotional changes that happen during puberty

Ask questions about puberty with confidence

Male and female changes

Learning Intention

To understand male and female puberty changes in more detail

Learning Outcomes

Understand how puberty affects the reproductive organs

Describe how to manage physical and emotional changes

Puberty and hygiene

Learning Intention

To explore the impact of puberty on the body & the importance of hygiene

To explore ways to get support during puberty

Learning Outcomes

Explain how to keep clean during puberty

Explain how emotions change during puberty

Know how to get support and help during puberty

Year 6

Puberty and reproduction

Learning Intention

To consider puberty and reproduction

Learning Outcomes

Describe how and why the body changes during puberty in preparation for reproduction

Talk about puberty and reproduction with confidence

Understanding relationships

Learning Intention

Consider physical & emotional behaviour in relationships

Learning Outcomes

Discuss different types of adult relationships with confidence

Know what form of touching is appropriate

Conception and pregnancy

Learning Intention

To explore the process of conception and pregnancy

Learning Outcomes

Describe the decisions that have to be made before having a baby

Know some basic facts about pregnancy and conception

Communication in relationships

Learning Intention

To explore positive and negative ways of communicating in a relationship

Learning Outcomes

To have considered when it is appropriate to share personal/private information in a relationship

To know how and where to get support if an online relationship goes wrong